

Friends of St Lawrence Church Bradfield

September 2020 Challenges

We are issuing 2 fundraising challenges to be completed during September 2020

Evidence For both challenges all we require are a selfie or two while doing the challenge and/or any description of what you have done or where you went. We trust you on the mileage! We will post a selection of pictures on the website. Medals will be distributed in October once we have received your evidence. Once your challenge is completed email your evidence to normabarrow@btinternet.com by October 5th at latest.

Challenge 1

Complete a physical challenge and earn a medal!



1. Walk, run or swim 26 miles spread over the month of September.
2. By entering you agree to abide by the Terms of Entry listed below and also follow any current Covid 19 regulations
3. **Closing date for entries is 5th September 2020**
4. You can enter by emailing the names of participants to normabarrow@btinternet.com
5. The entry fee is £10 (£5 for 15 and under)
6. Entry fees can be either cash or cheque made payable to The Friends of St Lawrence Church Bradfield and delivered to Norma Barrow Plas y Coed, Heath Road, Bradfield, Manningtree Essex Co11 2UZ Please leave contact number
7. The Friends of St Lawrence Church are in no way responsible for your safety or any damage that occurs while completing the challenge.

1 Physical challenge terms of entry

All ages 15 and under MUST be accompanied by an adult on a 1:2 ratio (1 adult to 2 children). It is the responsibility of the parent or guardian of the entrant to ensure that participants age 15 and under are capable of completing the event distance.

It shall be a condition of entry that all participants:



- (1) Enter at their own risk and shall discharge the Organisers, sponsors and land owners for any injury, illness, loss or equipment damage incurred as a result of their participation.
- (2) Accepts that participation in the Event may result in strenuous physical exertion, including the risks associated with physical activity.
- (3) Shall consent to photographs being published on Friends website
- (4) Agrees to follow any rules or instructions provided to the Participant by the Organisers as maybe communicated via the Friends of St Lawrence Church Bradfield website, by email.
- (5) Shall consent to allowing the Organisers to communicate with the Participant via post, email, text, phone or other methods. The Participant shall have the right to "unsubscribe" by contacting the Organisers.